

The effects on psoriasis of hosting the human hookworm, *Necator americanus*

The comments and images below were posted in April 2015
to the Facebook Helminthic Therapy Support group

“Over the last 20 years I have tried everything the NHS has offered me - methotrexate, cyclosporin, fumaric acid esters, UV treatments, dithranol - among other things - but I've *never* seen results anything like this. (See pictures, below.)

“The only treatment I have had in the last year is 90 hookworms. Four doses, three months apart: 5 in March 2014, 25 in June, 25 in September, and 35 in December.

“Nothing much happened for six months or more, although my psoriasis didn't get much worse (which was an improvement in itself!). Then I had some gradual improvement, but most of the improvement has only been in the last 2-3 months.

“At about 9 months in, most of my torso cleared up in the space of a couple of weeks. Then about a month ago my legs cleared up almost overnight. So I seem to have had little spurts of healing, rather than a constant improvement. I did wonder if this was to do with each new dose of worms settling in.

“Only my scalp has not really started to clear yet... although it's quite hard for me to tell if that's improving or not! It has almost entirely gone from the rest of my body... and still getting better!

“I have continued to use dovet ointment most days throughout the hookworm treatment, just because I find it prevents my plaques from building up and becoming cracked and painful. But I've been doing that for about fifteen years anyway, so I'm confident that the worms are the reason for this big change!

“Looking back at the old photos I realise I'd forgotten how painful the plaques on my torso were - the constant stretching and cracking on the small of my back, the painful patches where my bra rubbed. You can't even see in these pics the big plaque I had in my cleavage which was constantly sore. And my fingernails never grew properly because I had psoriasis all round my nails. But not any more!

“To get these results without side-effects, without daily trips to hospital or monthly blood-tests and blood-pressure monitoring, without risking melanoma or chemical burns, without killing my immune system and suffering repeated infections... it just seems too good to be true. I really couldn't be happier with the results!”

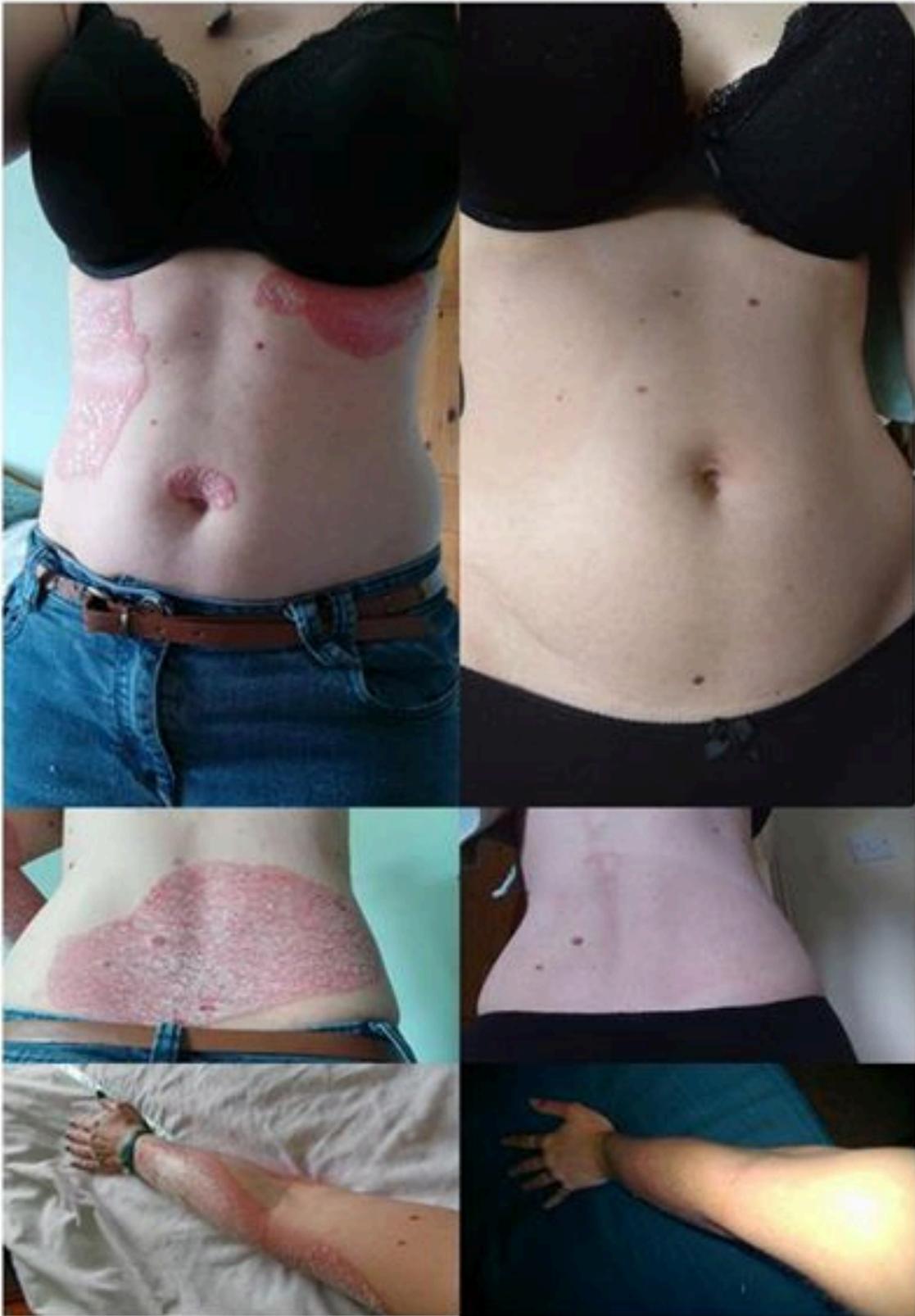
(Edited from several posts in [this thread](#) and elsewhere.)

Disclaimer

This testimonial is from an individual stating what results THEY have experienced and is provided for information purposes only. No medical claims are being made and no one is saying that helminthic therapy will cure the problems you have. All healthcare matters should be discussed with a qualified healthcare practitioner.

April 2014

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For more accounts of success using helminths to treat psoriasis and other conditions, see [here](#).

For information about Helminthic Therapy and how to access it, see [here](#).
